



The Pony Express

November 2009

3724 Heather Lake Circle, Sarasota, Florida 34235

VOLUME 26, ISSUE 11

Next meeting:

November 02, 2009

Sarasota Ford 7:00 P.M.

RANDOM THOUGHTS

By Richard Bakan, President

It's that time of the year again for Annual Elections. We have a nominating committee composed of Karl Mohr, Ray Baker, and Ed Woodward. If you would like to throw your hat in the ring, please take a minute and call one of them or let them know at next month's meeting. None of the jobs are hard and they don't take a lot of time. None of the current members of the board will have hurt feelings if you do decide to run; in fact "new blood" is a good thing for any organization. Two things to remember is that you must be in the club for a minimum of one year and because we are affiliated with the MCA you must also be an MCA member. So come on and run.

Our very own SUPER SUNDAY CAR SHOW is coming up quick. Please plan on attending the next few meetings so every member is in the know. Don't forget about selling the raffle tickets for our BIG weekend package. We can't give to our charities if we don't sell them. I know the economy is down, but I know a dedicated group like ours can do it. Also for those members that haven't been to our last few meetings, we need members and volunteers for parking, judging, etc. Don't forget our get together after the show, a lot of us get together and go out to dinner to wind down and talk about the show pluses and minus's. Last year we went to Bennigan's and had a great time. If you have pets, then don't forget to have a neighbor tend to them so you can join in.

November 01, 2009 is the Charlotte County Mustang Show. They have a new show site at Fishermen's Village in Punta Gorda. I was there a few years ago and there are lots of little shops and restaurants and it's right on Charlotte Harbor for your viewing pleasure. We'll be caravanning from Burger King on Clark Rd. with a departure time of 8:00 A.M. The Burger King is West of I- 7 5 on the South side of Clark Rd.

December 6, 2009 is our annual Holiday Party; we'll be having it again at the Bradenton Yacht Club. Della needs to know how many are coming so give her a call or let her know at the November meeting. The Yacht Club has a minimum of 25 people, so our Club has to pay if we don't get the minimum (bring your checkbooks to prepay your portion.) Don't miss out on some great food and company. This is a club "buy one, get one" (BOGO). The BOGO is one per membership so if you have extras attending they pay the full price per person. Alcoholic drinks are available but you must pay for this yourself. And if you wish you may participate in our Chinese gift exchange. Men buy for men and women buy for women, we try to keep a \$10.00 limit on presents and children may be present so please no obscene items.

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CLUB OFFICERS:

- **Richard Bakan,**
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- **Vice President and
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- **David Bishop,**
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- 792-7621
- **Della Overholt,**
Treasure
941-755-5534
- **Sergeant at Arms
Open**



Holiday Brunch
December 6, 2009
Bradenton Yacht Club

STAYING HEALTHY AT CAR SHOWS

By N. E. Foreman

With our annual “Super Sunday” car show coming up, staying healthy at car shows may be the last thing we’re thinking about. Most of us are perfecting our cars, making sure that last fleck of dust is off the hood. Sometimes we forget that we need to be doing other things too, like keeping our bodies healthy.

Here are a few tips to keep in mind at car shows:

1. STAY HYDRATED!

The Florida heat can really get to you if you’re not drinking enough water.

2. SPF

Remember that Florida is “The Sunshine State.” The sun is very strong. Even if you’re in a shady place you can still get burned, so slap on the SPF.

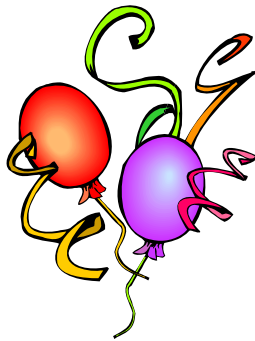
3. EAT

When you’re running around or putting that last touch on your car, you’re also burning fuel. Take a few minutes to sit down and refuel. Your body needs food, so keep some healthy snacks with you, like fresh fruit or nuts. They can easily be put in a pocket or purse.

4. TAKE A BREAK

Just sit down and relax for a few minutes. Let your body rest a little and catch up with friends. Make some memories!

NOVEMBER BIRTHDAYS



What was the last year for Mustang T-top sales?

1988 (mid-year cancellation)

Larry Tamborino
 Terry Tamborino
 R.J. Munson
 Betty Mills
 Kathy Wilczynski
 Gem Scheb

What year was the first 105-horsepower 2.8-liter V-6 engine used in a Mustang II?

1974

RUDY'S RECIPE CORNER



By Ruth Scofield

TORTELLINI SOUP

1 cup water	1 14oz can diced tomatoes
1 cup beef broth	1/8 tsp pepper
1 tsp oregano	1 cup cheese tortellini
2 cups frozen broccoli, cauliflower, & carrot mix	

In large saucepan combine the water, tomatoes, broth, oregano and pepper. Bring to boil. Stir in frozen veggies and tortellini. Return to boil: reduce heat and simmer for 6 minutes or until tortellini noodles are tender.

VENICE REGION AACA ANNUAL SHOW

By Ed Woodward

Joy and I participated in the Venice Region AACA 22nd Annual Collector Car Show Sunday 4 Oct. There were 200+ cars present, ranging from really old to right off the showroom floor. There were some very nice Mustangs there that made the competition tough, but IVY was not intimidated even though she was sitting next to a gorgeous red 70 Mach 1. AACA had strict dress codes restricting IVY from going topless. Not happy about this rule, IVY kept her top up all day long. Also in attendance was Mike Sherman with his 97 Lincoln Mark VIII. Duke and Hunter Clancy showed up in the afternoon to distribute fliers for our upcoming show in Nov. Together we handed out 40+ fliers.

There was a requirement at this show which we almost failed. Each car entered needed to have a "UL Approved Fire Extinguisher". This was a mandatory requirement and those entries not complying with this requirement were either not judged or given time to buy an approved fire extinguisher. We are now the proud owners of a new approved fire extinguisher (\$40). A gentleman a few cars from us refused to purchase the needed extinguisher, the judged refused to judge his car, the gentleman got really ticked-off, he threw all the entry paper work on the ground, immediately loaded his car with his stuff, and left the show very angry.

All in all, it was a good day in Venice. We saw a lot of great cars, met some new car enthusiast, talked car talk with several folks, and listened to lots of people tell us how much they loved IVY. Oh, by the way, IVY got a 1st place award in her class "Mustang 1964½ - 1984".



Ed and Joy Woodward's Mustang Convertible



Mike and Joanne Sherman's Lincoln



MUSTANG ALLEY



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We're on the Web:

Mustangclubofwestcentralflorida.org



The purpose of the Mustang Club of West Central Florida: Is to promote the preservation of the Mustang as a Classic American Automobile. The club sponsors tours, outings, technical sessions, fund raisers, and an annual car show.

Annual Dues are \$20.00.

The regular meetings of the Mustang Club of West Central Florida are held the first Monday of each month at 7:00 P.M. at Sarasota Ford

SHOW SEASON REVS-UP

8Th Annual Mustang and Ford Round Up

November 1st 2009 From 9:00 am to 3:00 pm

\$20.00 Entry fee pre registered \$25.00 fee day of show

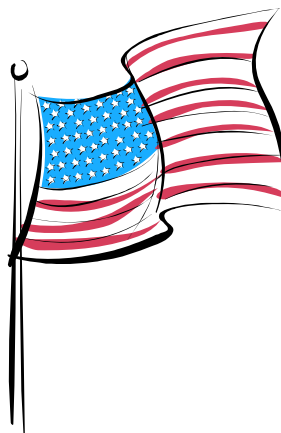
Registration limited to first 100 cars), Registration from 9:00 to 11:00 am Trophy Presentation at 2:30 pm

Jack Roush Visitation Show

Held at Brandon Ford, this All-Ford event is Free, and limited to 200 vehicles. There's dash plaques to the first 50, awards in several classes, and Jack Roush will be on hand to sign autographs and take pictures.

18th Annual Super Sunday

November 22, 2009 from 8:00 to 3:00, St Armands Circle, Sarasota, Florida. \$ 20 registration pre-registered only. Limited to 150 cars. Raffle drawing and Trophy presentation at 3:00



Please Contact the editor for more information or

Go to

FLACARSHOWS.COM

Not getting our emails?

Don't find your birthday?

Missing out on club stuff?

We may not have your information

correctly entered.

We are only human after all.

Please send updates to the newsletter

c/o Deborah Bakan

Or email to

rdbakan@verizon.net.